

Cancellation

Honoring our 2 hour cancellation policy avoids charges in the amount of the full service price.

Comfort

It is our intention to ensure your comfort level so you may receive the many benefits of your spa service experience. We encourage you to communicate your questions or concerns about your body treatment to your spa service provider.

For your safety alcoholic beverages are not recommended before or shortly after any massage or bodywork.

To maximize your spa experience, our resort amenities are available to you before and after your spa service. These amenities include our dry sauna, hot tub, crystal clear pool, our Precor workout facility; and as always you can enjoy our excellent food and beverages out by the pool. Come, relax and spend the day.

Elements Hours:

8 AM to 8 PM Seven days a week!

Direct Line: 520.544.1260 Resort Extension: 1260

[www. HiltonElConquistador.com](http://www.HiltonElConquistador.com)

Appointment Reminder

Day: _____

Time: _____

Hilton Tucson El Conquistador
10000 N. Oracle Road, Tucson, AZ 85704

6/17/2009

Elements

Welcomes You to

Custom Spa Services.



Take Me to the



Hilton Tucson El Conquistador
Golf & Tennis Resort

Elements of Innovation

Every service is uniquely customized and co-created with you to insure the highest quality of personal service. Expert and talented therapists integrate ancient techniques with contemporary thought, unveiling wholeness and expanded levels of relaxation.

Wraps

Aroma Stone Haven

100 Minutes - \$180

Exfoliation, Massage and Wrap

Enter your 100 minute retreat with warm Lavender infused cleansing and hydrating over the body, followed by gentle exfoliation. Bathe in the warmth from volcanic basalt stones and the relaxing essences of pure Lavender oil that are combined in your full body native stone massage. Enjoy a relaxing scalp massage, as you are enveloped in a warm cocoon, allowing the amazing soothing and hydrating benefits to penetrate deeply.

◀ Ask about our 50 Minute, Native Stone Massage \$95.00

BodyCoffee

80 Minutes - \$150

Polish, Wrap and Massage

Experience the flow of this revitalizing and relaxing service that speaks to all your senses!!! Invigorating coffee, Dead Sea salt and mints exfoliate before your soothing wrap which includes massage. Rosemary and assorted mint aromatherapy body misting prelude your full body massage. Ultra luxurious and uniquely fragranced coffee blossom lotion, shea butter and herbal extracts offer exclusive definition to this experience.

Neroli and Tangerine

80 Minutes \$150

Salt Glow, Wrap, and Massage

This wonderfully creamy and uplifting tangerine Dead Sea salt glow will encourage transformation inside and out. Your soft body wrap will nourish you with more than vitamins C and E, as exotic neroli and organic plant extracts are bestowed. Fragrant white blossoms from Neroli tree have inspired the lotion that is generously applied during your custom massage.

Pomegranate Body Quencher

80 Minutes - \$150

Salt Scrub Exfoliation, Wrap and Massage

This rejuvenating pomegranate scrub will gently exfoliate your skin while the antioxidants found in pomegranate encourage cellular regeneration and slow cellular aging. The exfoliation is followed by a full body pomegranate oil massage and deeply hydrating body wrap.

Elements Sea Wrap

50 Minutes \$95

Soft Body Brushing and Wrap

Encourage cellular renewal and the elimination of toxins with active, vital elements from the sea. Full body dry brush exfoliation prepares your skin for the application of seaweed gel, known for attracting moisture and its detoxifying properties. As you are swathed in thermal blankets, this nutritious gel deeply penetrates the tissue bringing an immediate healthy glow. You will enjoy continued relaxation from massage during your wrap.

Energy Work

Loose fitting clothing suggested.

Craniosacral

50 Minutes \$95

Craniosacral utilizes light touch therapy that brings focus to enhancing the flow of cerebral spinal fluid through head and spine. You may experience an easing of the restrictions in the nervous system and a body that is able to move with an enhanced level of performance.

Reflexology

25 Minutes \$50 / 50 Minutes \$95

This ancient methodology focuses on pressure points in the feet that are reflective of the entire body. Pressure point stimulation opens energy pathways allowing a shift in the body's energy flow.

Reiki

50 Minutes \$90

Universal life force energy, Reiki, dates back to ancient Japan, India and Tibet. This gentle offering utilizes the facilitator's hand positions in conjunction with the body's energy centers to assist in bringing body, mind and spirit into alignment.

Ten Zo ~ Three heavens

50 Minutes \$95

Ten Zo utilizes elements from Western and Thai massage and blends techniques sourced in Shiatsu. Muscle elongation, stretching and the palpation of muscle tension inspires openness for energy movement and breath.

Massage

Elements Custom

50 Minutes \$85 / 80 Minutes \$125

Your full body massage will offer the perfect level of touch, from relaxing Swedish to deep work. Please guide your therapist to the areas desiring extra attention...creating your dream massage.

Relief

25 Minutes \$50

Swedish massage technique, when concentrated on any area of concern, can quickly relieve tension and improve circulation.

This 25 minute time frame may be added to any service as an extension.